



Gregory A. Post, Esq.



Results Beyond DisputeSM

For over 30 years through 2010, Greg was a trial lawyer at the San Diego law firm he co-founded, and also served as an arbitrator. As a trial lawyer, Greg tried a variety of significant civil cases in both State and Federal courts, representing plaintiffs and defendants. As an arbitrator, he has handled hundreds of matters, predominantly all types of business/commercial/breach of contract disputes, business torts, personal injury, real property, employment, and professional malpractice. Greg had a significant role in co-authoring Judicate West's Commercial Arbitration Rules. Greg takes great satisfaction in bringing his experience, attentiveness, keen analytical skills, and proactive management skills to the arbitration proceedings. He also takes pride in his talents and persistence as a mediator providing the parties with the best opportunity for the resolution of the dispute. Greg has the reputation for being quite personable and energetic, yet appropriately firm and a decisive straight-shooter. He has earned the respect of both the plaintiff's bar and the defense bar.

LEGAL EXPERIENCE

- Neutral, Judicate West (2019-Present)
- Full-time Arbitrator and Mediator (2011-present)
- Arbitrator, American Arbitration Association (since 1978) (Arbitration Panel Member for large, complex cases)
- Post Kirby Noonan & Sweat, Sr. Partner, San Diego (now Kirby Noonan Lance & Hoge) (1976-2010)
- Luce Forward Hamilton & Scripps, Associate Attorney, San Diego (1970-1976)
- FBI, Special Agent, (1966-1969)

EDUCATION & PROFESSIONAL AFFILIATIONS

- J.D., University of California at Berkeley, Boalt Hall School of Law (1966)
- B.S. (Engineering) with distinction, Stanford University (1963)
- American Board of Trial Advocates (ABOTA), Member
- Mediation Training, Pepperdine University School of Law, Strauss Institute for Dispute Resolution (6 day course)
- Enright Inn of Court, Member, Executive Board
- Big Brothers & Sisters of San Diego, Former Board Member, now Member of President's Circle

PRACTICE AREAS

Business/Commercial, Employment, Professional Malpractice, Real Estate, Tort

ACHIEVEMENTS

- Member, American Board of Trial Advocates, since 1998 (membership requires 20 jury trials to verdict)
- Selected years 2011-2017 as a "Super Lawyer" for Alternative Dispute Resolution for Southern California by Super Lawyers rating organization

INTERESTS

Greg has an athletic background including playing centerfield on the Stanford University baseball team for four years and playing competitive tennis as a ranked tennis player in Southern California. He now enjoys golfing, hiking, and fitness training.

LOCATIONS

San Diego, All of California