



Gregory A. Post, Esq.



Results Beyond DisputeSM

For over 30 years through 2010, Greg was a trial lawyer at the San Diego law firm he co-founded and also served as an arbitrator. As a trial lawyer, Greg tried a variety of significant civil cases in both State and Federal courts, representing plaintiffs and defendants. As an arbitrator, he has handled hundreds of matters, predominantly all types of business/commercial/breach of contract disputes, business torts, personal injury, real property, employment, and professional malpractice. Greg had a significant role in co-authoring Judicate West's Commercial Arbitration Rules. Greg takes great satisfaction in bringing his experience, attentiveness, keen analytical skills, and proactive management skills to the arbitration proceedings. Greg has a reputation for being quite personable and energetic, yet appropriately firm and a decisive straight-shooter. He has earned the respect of both the plaintiff's bar and the defense bar.

LEGAL CAREER & PRIOR EXPERIENCE

- Neutral, Judicate West (2019-Present)
- Full-time Arbitrator and Mediator (2011-present)
- Arbitrator, American Arbitration Association (since 1978) (Arbitration Panel Member for large, complex cases)
- Post Kirby Noonan & Sweat, Sr. Partner, San Diego (now Kirby Noonan Lance & Hoge) (1976-2010)
- Luce Forward Hamilton & Scripps, Associate Attorney, San Diego (1970-1976)
- FBI, Special Agent, (1966-1969)

EDUCATION & PROFESSIONAL AFFILIATIONS

- J.D., University of California at Berkeley, Boalt Hall School of Law (1966)
- B.S. (Engineering) with distinction, Stanford University (1963)
- American Board of Trial Advocates (ABOTA), Member
- Mediation Training, Pepperdine University School of Law, Strauss Institute for Dispute Resolution (6 day course)
- Enright Inn of Court, Member, Executive Board
- Big Brothers & Sisters of San Diego, Former Board Member, now Member of President's Circle
- Continuing Education of the Bar, Program on Recent Developments in Civil Litigation, Lecturer (1983-2001)

PRACTICE AREAS

Business/Commercial/Breach of Contract Disputes; Employment; Personal Injury/Wrongful Death; Products Liability; Professional Malpractice; Real Property

ACHIEVEMENTS & AWARDS

- Member, American Board of Trial Advocates, since 1998 (membership requires 20 jury trials to verdict)
- Selected years 2011-2017 as a "Super Lawyer" for Alternative Dispute Resolution for Southern California by Super Lawyers rating organization
- All-Conference baseball player for Stanford University; Ranked tennis player in Southern California for several years
- Lecturer, Continuing Education of the Bar, program on Recent Developments in Civil Litigation (1983-2001)
- Featured Speaker, gas and electric industry seminars, topics including handling claims and lawsuits involving catastrophic losses

HOBBIES & INTERESTS

Greg has an athletic background including playing centerfield on the Stanford University baseball team for four years and playing competitive tennis as a ranked tennis player in Southern California. He now enjoys golfing, hiking, and fitness training.

LOCATIONS

San Diego, All of California

